



ST. CHRISTINE SCHOOL  
CHILD NUTRITION PROGRAM

**LACTOSE INTOLERANCE**

“Lactose Free” milk can be available for students who provide a signed physician's statement indicating a lactose allergy. This is not a USDA mandated requirement; however, the Child Nutrition Department is willing to accommodate a physician's substitute request.

The Department of Agriculture, that mandates the Child Nutrition Program, requires that any milk substitution be nutritionally comparable to milk. Therefore, Lactose Free Milk is the only allowable substitute.

Juice or water are not nutritionally comparable to milk and will not be offered as a substitute.